TRAINING ANNOUNCEMENT

The Western New York Stress Reduction Program, the MMRS Mental Health Subcommittee, and the Specialized Medical Assistance Response Team, and the Erie County Department of Mental Health are pleased to announce the following 2-day course:

ADVANCED INDIVIDUAL CRISIS INTERVENTION & PEER SUPPORT

Dates:	Friday February 8th, 2019 & Saturday February 9th, 2019			
Time:	8:30am-4:30pm both days			
Location:	Erie County Emergency Services Training & Operations Center (Fire Training Academy)			
	3359 Broadway			
	Cheektowaga, New York 14227			

This is an International Critical Incident Stress Foundation (ICISF) developed curriculum. Advantages of attending are:

- Participants will enhance their ability to provide individual crisis intervention using proven methods
- Participants will receive a certificate of completion from the ICISF
- Participants will receive continuing education credits from the University of Maryland at Baltimore
- This course meets one of the requirements for persons pursuing the ICISF Certificate of Specialized Training

LEARNING OBJECTIVES

- Understand the natures & definitions of a psychological crisis and psychological crisis intervention
- Understand the nature and definition of critical incident stress management and its role as a continuum of care
- Practice empathic communication techniques
- Understand the practice of psychological triage
- Practice the SAFER-Revised model of individual psychological crisis intervention in a suicide scenario
- Practice the SAFER-Revised model of individual psychological crisis intervention in a grief and bereavement scenario
- Practice the SAFER-Revised model of individual psychological crisis intervention in a "follow-up" or referral scenario
- Understand and discuss common ethical issues in psychological crisis intervention
- Understand and discuss the risks of iatrogenic "harm" associated with psychological crisis intervention and discuss how to reduce those risks
- Understand the principles of self-care

Presenter: Bonita S. Frazer, MS, CTS, FAAETS is the former Mental Health Emergency Planning Coordinator for Erie County. Through professional and volunteer venues, she has provided crisis intervention and critical incident stress management services to survivors of critical incidents & disasters, and to emergency personnel who respond to these events. Bonita is a volunteer for the Western New York Stress Reduction Program, the Specialized Medical Assistance Response Team and the Canine Therapy Teams of Western New York. She also serves on the Board of Directors for the Association of Traumatic Stress Specialists.

Please do not register if you cannot commit to attending both days in their entirety. Registration is limited to 30 persons and certificates of completion will be given only to those who have completed the training in its entirety.

Questions about registration can be directed to Cheryl Kennedy at 716-864-8101 or via email at clkennedy72@yahoo.com

Questions about the curriculum can be directed to Bonita Frazer at 716-235-7565 or via email at bonitafrazer@yahoo.com

SPECIAL NOTE: Only those who have completed the Assisting Individuals in Crisis course (also known as Individual Crisis Intervention & Peer Support) are eligible to register for this course.

REGISTRATION FORM Advanced Individual Crisis Intervention & Peer Support

Friday February 8th, 2019 & Saturday February 9th, 2019

Persons who are interested in attending the training must complete the registration form and send the appropriate payment. Please complete a new registration form for each registrant. *All registrants will be notified whether or not they have been accepted into the class*. REGISTRATION CLOSES ON FRIDAY FEBRUARY 1ST, 2019 AT 4:30PM.

Two-Day Course Fee Schedule: \$75.00 USD Lunch will be provided both days.

PAYMENT MUST BE RECEIVED BY THE FEBRUARY 1ST DEADLINE and can be made by personal check, business check, money order or purchase order payable to the Western New York Stress Reduction Program Inc.

Please LEGIBLY PRINT your name *exactly* as you would like it to appear on your certificate of completion, and complete all sections listed below.

Full Name: Agency:	<u>Prerequisite Course</u> <u>Completion</u>
Address:	Please check if you have completed the following course:
City, State, Zip:	
Daytime Phone:	Assisting Individuals in Crisis (also known as Individual Crisis Intervention & Peer Support)
Email:	
WNY Police Helpline Peer: YES NO	

Discipline(s):	 Police	 Clergy / Chaplaincy
	 Fire	 Medical / Hospital
	 EMT / Paramedic	 Public Health
	 Dispatch	 Mental Health
	 Corrections	 Employee Assistance Program
	 Probation	 Elementary / Middle / High School
	 Military	 College / University
	HazMat	Other - Please Specify

Please submit the completed form to Cheryl Kennedy via mail or email:

Address:7118 Michael Road, Orchard Park, New York 14127Email:clkennedy72@yahoo.com

PLEASE NOTE: If you submit your registration via mail, please email Cheryl Kennedy at <u>clkennedy72@yahoo.com</u> to inform her your registration(s) will be forthcoming.

Should you need to cancel, please notify Cheryl Kennedy as soon as possible so that we may fill your slot with another registrant.