

Convenient • Web-based
Available 24/7 • No cost

Vital Signs EMS Academy

Education Anytime. Anywhere.

Educational content delivered in a more advanced way. We aim to enhance the quality of learning by being flexible while improving efficiency and effectiveness. The courses and modules have been created with you in mind. We understand that EMS providers have non-traditional schedules.

Vital Signs EMS Academy aims to meet your educational needs with self-paced, live online classes. You can earn Continuing Medical Education hours. Vital Signs Academy has new content each week for every EMS provider in New York State. You can continue to learn and expand your medical knowledge.

Vital Signs EMS Academy online learning includes content for: CFR, EMT, AEMT, EMT-CC, Paramedic Instructors including CLIs and CICs, Core, Mandatory Non-Core and Non-Core.

Week of October 20, 2025 – CME on the Vital Signs EMS Academy

MONDAY
10/16/25

11:00am–12:00pm

Trachs and Tubes and Shunts, Oh My! *Technology for Special Needs*

PRESENTER: Chris Ebright

CATEGORY: ALS/BLS: Core – SpNeeds

TUESDAY
10/17/25

6:00pm – 7:00pm

Meal Prepping and Time-Efficient Nutrition for EMS Workers

PRESENTER: - Casey Cardenas

CATEGORY: ALS/BLS: Additional

THURSDAY
10/23/25

6:30pm – 7:30pm

Understanding Mental Burnout

PRESENTER: Jennifer Polluck

CATEGORY: BLS: Mandatory - MHEMT

All links can be found on www.VitalSignsAcademy.com. Go to the calendar.