

Suicide Prevention for Healthcare Workers

Healthcare workers have always had increased risk for suicide, but with the additional concerns raised by dealing frontline with the pandemic, these concerns are heightened. Medical professionals often have elevated levels of depression during normal times, but are often reluctant to seek professional mental health help due to lack of time and fear of stigma. Learn how you can help each other out by knowing the Risk Factors, Warning Signs, Prevention Tools and how to reach out to a colleague in need.

Talks Saves Lives: for Physicians, Nurses, EMTs, Respiratory Therapists and other medical professionals in the frontline of responding to the Covid-19 Pandemic. This is a one-hour program that will be offered via Zoom to groups up to 25 registrants.

To request and schedule the program, contact Celia Spacone, Ph.D. with the Suicide Prevention Coalition of Erie County cspacone@crisisservices.org.



**American
Foundation
for Suicide
Prevention**

Western New York